But now I am talking about unreal heroes - invented persons by humans. Such as Marvel heroes, characters from fairy tales, Hollywood's actors and actress in action movies and many others. Of course, I have my favorite idols too, but it's not the same.

The industry of entertainment little by little supplants the understanding in minds of people about true heroes. They're beside us, natural humans with special skills. And they can't fly, run fast like the wind, incinerate by their eyes or read minds. But it doesn't prevent them save the world every day. No one will notice that, because they take not part of TV shows or blockbusters, but it is.

Natural heroes save world through their kind, courage, sacrifice for another people and wish to be helpful. That people do it in their own way and their names - veterans, firefighters, police, teachers, miners, rescuers, doctors and another people, whose life is constantly in the real danger or they have a big responsibility.

I don't have somebody special for me, because I have been too much important persons in my life. It's my veterinarian, whose treats my cats that I love, my mother and grandma, whose raised me and given everything they had, my husband, whose wants and does everything he can for me and sometimes even more, and a lot of people that I never saw, but know - they involve and influence to my life.

Each of them is real humans, Men with a capital letter, TRUE heroes... For me and not only. I think each of us is a hero inside our hearts too. And if somebody wants to become the real hero, I'll tell him or her: it's very easy and very hard at the same time, but if you love people or something important to do, you already can do it - just choose any day and show the world HOW you can be it in your own way.